



Sarah Brenden

Associate

☎ 206.777.7490 📍 Seattle Office
 ✉ sarah.brenden@millernash.com
 📡 employmentlawinmotion.com

“I am dedicated to walking alongside employers to anticipate and communicate legal issues before they arise. By proactively identifying challenges and the associated risks, I provide tailored solutions that fit each client’s unique needs.”

Sarah Brenden is a member of Miller Nash’s employment law & labor relations and education teams. She defends and advises private, public, and nonprofit clients in a myriad of employment issues, including wage and overtime disputes, discrimination cases, and day-to-day employment advice and counsel. Sarah has experience managing cases from inception to resolution, resolving cases through settlement, mediation, and arbitration, and supporting trial teams in local, state, and federal court, as well as before a variety of agencies. She also maintains an active immigration practice and drafts and files immigration applications on behalf of clients.

Before joining Miller Nash, Sarah practiced at a Pacific Northwest law firm where she focused on litigation, with particular interest in employment, immigration, personal injury, and commercial disputes.

During law school, Sarah was part of an Immigration Law Clinic where she worked on asylum applications, special immigrant juvenile status applications, and complex reunification cases. In law school, Sarah also worked for Magistrate Judge Bruce J. McGiverin at the U.S. District Court of Puerto Rico, where she wrote opinions and orders on a wide range of issues, including breach of contract, unlawful search and seizure of evidence, and compassionate release through a habeas petition. Before law school, Sarah worked on child sexual assault cases in Guatemala for International Justice Mission. Alongside the Attorney General of Guatemala, she helped facilitate policy reform to end the use of a retraumatizing evidentiary gathering technique.

Professional Activities

- King County Bar Association, Member
- Washington State Bar Association, Member

Education

J.D., University of Washington Law School, with honors, 2023

- Article Editor, *Moot Court Honor Board*
- Jessup International Moot Court Team, 2021-2023

B.A., University of Washington, international studies and law, societies, & justice, with honors, 2017

Bar Admissions

Washington, 2023

Languages

Spanish

Civic Activities

- Phinney Neighborhood Association, Volunteer
- Food Lifeline, Volunteer

Publications

- “Washington Employment Law Update: Mid-Year 2026 Legislative and Case Law Developments,” Miller Nash, *Employment Law in Motion* (June 2026)
- “Washington Employment Odds and Ends: Assorted Legislative Changes that Will Affect Some Employers,” Miller Nash, *Employment Law in Motion* (July 2025)
- “Oregon Minimum Wage Changes: What Employers Need to Know,” Miller Nash, *Employment Law in Motion* (June 2025)

Presentations

- “Red Flag Warnings: How to Handle Difficult Terminations,” Southwest Washington Society for Human Resource Management Annual Conference (May 2026)
- “The Compliance News Hour: Live Updates in Federal, State, and Local Law,” Miller Nash, Employment Law Seminar (Oct. 2025)
- “Surprise Government Inspections/Audits,” Miller Nash, Employment Law Seminar (Oct. 2025)

Personal Activities

Outside of work, Sarah enjoys spending time in the mountains, downhill skiing, backpacking, soccer, and pottery. Sarah has lived in Europe and Latin America and loves to travel and experience new cultures.